

## Real Life

# 31 Days of Giving

Our annual make-a-difference calendar is back! How will *you* change the world this holiday season? **By Ellie Shechet**

# 31



Boost Emma Watson's #HeForShe campaign.

### SUNDAY



**1 Support an entrepreneur.** Gifts at builda nest.org (like the \$120 pashmina at left) help artisans from places like India and Bali build sustainable businesses.

**7 Keep a family together.** Nearly 30% of special needs kids in Russia are abandoned; help Natalia Vodianova (page 240) care for them at nakedheart.org.

**14 House a veteran.** Your donation to nchv.org goes to shelter and support more than 100,000 homeless and at-risk veterans each year.

**21 Ask your guy to support gender equality.** Send him to Emma Watson's United Nations campaign heforshe.org to pledge to fight discrimination.

**28 End sexual violence.** One in five college women is assaulted; \$25 to rainn.org teaches 1,000-plus students about awareness and prevention.

### MONDAY

**8 Recycle your laptop.** The U.S. tosses 110 million tons of usable hardware each year. Choose who gets yours (as far away as Nepal!) at globetops.com.

**15 Give a girl a ride.** A bike makes it possible for girls, and their teachers, to get to school in places like Zambia. Donate to world bicyclerelief.org.

**22 Get a woman to a safe place.** Two thirds of domestic violence victims won't leave an abusive situation without their pet; \$15 to redrover.org helps shelter *both*.

**29 Fight Alzheimer's.** A majority of the 5.2 million Americans with the disease are women. A gift to alz.org funds groundbreaking research.

### TUESDAY

**2 Preserve a bit of history.** Restore sites around the globe, from the St. Louis arch to Cambodia's Angkor Wat, with \$25 to the World Monuments Fund (wmf.org).

**9 Coach a kid to eat healthy.** Edible schoolyard.org teaches American children to make good food choices; \$4 buys seeds for 25 tomato plants.

**16 Build a well.** \$20 to charitywater.org helps pay for one in places like Bolivia, where 28% of the population lacks access to safe drinking water.

**23 Create an active kid.** A gift to after schoolallstars.org helps provide programs that teach sports, goal-setting, and more to needy children nationwide.

**30 Teach family planning.** \$50 to engenderhealth.org educates women in India and Uganda about birth control and prenatal care.

PASHMINA: DANIEL DISIPIO AND GENEVEVE GARRUPPO. MURAL: JOEL BERGNER. ELEPHANT: CULTURA/REX USA. WATSON: PAUL BUCK/EPA/CORBIS



Artists worked with Syrian children to paint this mural in Jordan's Zaatari refugee camp.

### WEDNESDAY

**3 Keep a stray pet alive.** Each day 9,000 are euthanized in U.S. shelters; \$10 to bestfriends.org covers meals for a week at the country's largest no-kill refuge.

**10 Diversify Silicon Valley.** \$25 to blackgirlscode.org covers one computer-coding workshop for young women of color across the country.

**17 Find a breast cancer cure.** Susan Love, M.D., researches the cause of the disease that kills 110 women a day. Head to dslrf.org to donate.

**24 Break barriers.** Help girls reach their potential by giving to Chelsea Clinton's No Ceilings project (see page 250, and go to clintonfoundation.org).

**31 Foster an elephant.** \$50 to sheldrickwildlifetrust.org will help raise a calf who lost her mother to the ivory trade and transition her back into the wild.

### THURSDAY

**4 Help all girls get an education.** Your \$5 can help provide classroom supplies for one girl for an entire year. Go to glamour.com/wotyfund.

**11 Be a bone marrow donor.** Woman of the Year Robin Roberts (page 242) was saved by one. Go to bethematch.org to be a lifeline for someone else.

**18 Protect a journalist.** 40 have been killed this year alone; \$30 to iwmf.org can help relocate a female reporter or fund her medical care.

**25 Heal Ferguson.** A gift to stl.unitedway.org provides counseling, meals, and other services to those affected by the August shooting and protests.

### FRIDAY

**5 Support someone's dying wish.** \$20 to compassionandchoices.org can help terminally ill patients (watch Brittany Maynard's moving story).

**12 Light up a girl's night.** More than 1 billion people lack electricity; \$10 to luminaid.com provides an LED lamp so a schoolgirl can study in Ghana.

**19 Safeguard a coastal community.** Send emergency supplies to one resident in a hurricane-prone region with just \$20 to directrelief.org.

**26 Save marine life.** Donate to mission-blue.org to back Woman of the Year Sylvia Earle (page 248) in her work to restore and protect our oceans.

### SATURDAY

**6 Bring hope to a refugee.** Art is a powerful outlet for dealing with trauma; \$3 to aptart.org helps fund mural workshops for displaced Iraqi and Syrian kids.

**13 Help keep an Ebola doctor safe.** This outbreak is the worst in history; \$15 to doctorswithoutborders.org can send protective boots to a medic in Guinea.

**20 Inspire a future filmmaker.** A \$25 gift to reacttofilm.com buys a tripod so one underprivileged U.S. high school class can shoot a documentary.

**27 Send a sick child to summer camp.** Seriousfunnetwork.org runs programs for critically ill kids; \$29 purchases the supplies she needs to swim, fish, craft, and more.



Every year, poachers kill an average of 33,000 elephants. You can help their orphaned calves.