

Real Life

31 Days of Giving

Our annual make-a-difference calendar is back! How will *you* change the world this holiday season? **By Ellie Shechet**

December



Boost Emma Watson's #HeForShe campaign.

SUNDAY



1 Support an entrepreneur. Gifts at builda nest.org (like the \$120 pashmina at left) help artisans from places like India and Bali build sustainable businesses.

7 Keep a family together. Nearly 30% of special needs kids in Russia are abandoned; help Natalia Vodianova (page 240) care for them at nakedheart.org.

14 House a veteran. Your donation to nchv.org goes to shelter and support more than 100,000 homeless and at-risk veterans each year.

21 Ask your guy to support gender equality. Send him to Emma Watson's United Nations campaign heforshe.org to pledge to fight discrimination.

28 End sexual violence. One in five college women is assaulted; \$25 to rainn.org teaches 1,000-plus students about awareness and prevention.

MONDAY

8 Recycle your laptop. The U.S. tosses 110 million tons of usable hardware each year. Choose who gets yours (as far away as Nepal!) at globetops.com.

15 Give a girl a ride. A bike makes it possible for girls, and their teachers, to get to school in places like Zambia. Donate to world bicyclerelief.org.

22 Get a woman to a safe place. Two thirds of domestic violence victims won't leave an abusive situation without their pet; \$15 to redrover.org helps shelter *both*.

29 Fight Alzheimer's. A majority of the 5.2 million Americans with the disease are women. A gift to alz.org funds groundbreaking research.

TUESDAY

2 Preserve a bit of history. Restore sites around the globe, from the St. Louis arch to Cambodia's Angkor Wat, with \$25 to the World Monuments Fund (wmf.org).

9 Coach a kid to eat healthy. Edible schoolyard.org teaches American children to make good food choices; \$4 buys seeds for 25 tomato plants.

16 Build a well. \$20 to charitywater.org helps pay for one in places like Bolivia, where 28% of the population lacks access to safe drinking water.

23 Create an active kid. A gift to after schoolallstars.org helps provide programs that teach sports, goal-setting, and more to needy children nationwide.

30 Teach family planning. \$50 to engenderhealth.org educates women in India and Uganda about birth control and prenatal care.

PASHMINA: DANIEL DISIPIO AND GENEVEVE GARRUPPO. MURAL: JOEL BERGNER. ELEPHANT: CULTURA/REX USA. WATSON: PAUL BUCK/EPA/CORBIS



Artists worked with Syrian children to paint this mural in Jordan's Zaatari refugee camp.

WEDNESDAY

3 Keep a stray pet alive. Each day 9,000 are euthanized in U.S. shelters; \$10 to bestfriends.org covers meals for a week at the country's largest no-kill refuge.

10 Diversify Silicon Valley. \$25 to blackgirlscode.org covers one computer-coding workshop for young women of color across the country.

17 Find a breast cancer cure. Susan Love, M.D., researches the cause of the disease that kills 110 women a day. Head to dslrf.org to donate.

24 Break barriers. Help girls reach their potential by giving to Chelsea Clinton's No Ceilings project (see page 250, and go to clintonfoundation.org).

31 Foster an elephant. \$50 to sheldrickwildlifetrust.org will help raise a calf who lost her mother to the ivory trade and transition her back into the wild.

THURSDAY

4 Help all girls get an education. Your \$5 can help provide classroom supplies for one girl for an entire year. Go to glamour.com/wotyfund.

11 Be a bone marrow donor. Woman of the Year Robin Roberts (page 242) was saved by one. Go to bethematch.org to be a lifeline for someone else.

18 Protect a journalist. 40 have been killed this year alone; \$30 to iwmf.org can help relocate a female reporter or fund her medical care.

25 Heal Ferguson. A gift to stl.unitedway.org provides counseling, meals, and other services to those affected by the August shooting and protests.

FRIDAY

5 Support someone's dying wish. \$20 to compassionandchoices.org can help terminally ill patients (watch Brittany Maynard's moving story).

12 Light up a girl's night. More than 1 billion people lack electricity; \$10 to luminaid.com provides an LED lamp so a schoolgirl can study in Ghana.

19 Safeguard a coastal community. Send emergency supplies to one resident in a hurricane-prone region with just \$20 to directrelief.org.

26 Save marine life. Donate to mission-blue.org to back Woman of the Year Sylvia Earle (page 248) in her work to restore and protect our oceans.

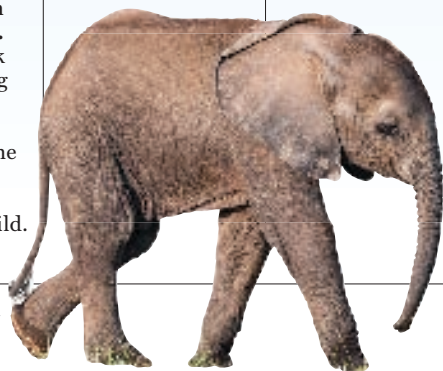
SATURDAY

6 Bring hope to a refugee. Art is a powerful outlet for dealing with trauma; \$3 to aptart.org helps fund mural workshops for displaced Iraqi and Syrian kids.

13 Help keep an Ebola doctor safe. This outbreak is the worst in history; \$15 to doctorswithoutborders.org can send protective boots to a medic in Guinea.

20 Inspire a future filmmaker. A \$25 gift to reacttofilm.com buys a tripod so one underprivileged U.S. high school class can shoot a documentary.

27 Send a sick child to summer camp. Seriousfunnetwork.org runs programs for critically ill kids; \$29 purchases the supplies she needs to swim, fish, craft, and more.



Every year, poachers kill an average of 33,000 elephants. You can help their orphaned calves.